

# Australian Centres of Ignatian Spirituality



2012 Program



## Our Artists:



Victor Loh

Victor Loh, an Arrupe student, enjoys using art to facilitate group retreats. He feels privileged to share in the surprise and joy often written on the faces of retreatants when invited to re-look at their prayer-art-works, through the loving eyes of faith.

**Cover image** - *Washing of the Feet* by Victor Loh



Kerry Holland

Kerry Holland is an artist who gives the Spiritual Exercises through the Faber Centre for Ignatian Spirituality in Brisbane. She is married and has three adult children. Kerry enjoys finding ways of expressing human experience and Christian narrative through her abstract, textural paintings. Kerry's paintings can be viewed on her website: [www.kerryholland.com](http://www.kerryholland.com)

## Our Poet:



Marlene Marburg

Marlene Marburg offers her poetry to the 2012 Program as a way of inviting you to prayerfully listen to your interior responses and what they reveal about yourself and your relationship with God. If you would like to reproduce the poems for any purpose other than personal use, please email Marlene at [marlene@campion.asn.au](mailto:marlene@campion.asn.au)

# An Invitation from the Jesuit Provincial

## Discovering God's Presence in Your Life ...

**Dear Friends,** Ignatius discovered that God can be found in all things, in all events, in every moment. Learning to listen to the movements of his heart, he was led to a profound faith in Jesus, and he invited others to journey along the path he trod. Generations later we call this path 'Ignatian Spirituality'. It is a pilgrim's path, a way that respects each one's life journey, but profoundly challenges the pilgrim to hear, to decide and to journey onwards.

At the Centres of Ignatian Spirituality you are invited to deepen your ability to discern the ways God speaks to you, hearing God's voice in the depths of your heart, your life, your story, your history. God calls us as individuals and as a community. We can hear where God is calling us to grow and we can hear where God is calling us to go. We can know who God is calling us to be and we can know what God is calling us to do.

One of the loveliest gifts we have been given is to have been made co-creators with God. God gives us a share in building our own future and a share in shaping a future for our world. The world and all that is in it is a work in progress. Each of us is a work in progress. We each make our own contribution to God's creation as we develop and use our God-given talents and share with our brothers and sisters in God's family the blessings we have been given.

In our Catholic tradition, when we talk of preparing people to share more effectively in the mission of Jesus, we speak of 'formation'. Formation is much more than training or education because it is about the internalisation of values, attitudes and ways of seeing and the maturing of faith. It is something that we do in co-operation with God. Formation seeks to develop in us a sensitivity to where God is leading us in our lives and in our mission.

We invite you to choose one of the programs at any of our Centres of Ignatian Spirituality in Australia, to talk with one of our experienced spiritual guides. It is our hope that you will find with us an environment of prayer and the guidance that will help you discover God's presence in your life.

Fr Steve Curtin SJ, Provincial of the Australian Society of Jesus.

# How to find and book a Retreat

The Program Calendar provides title and page number for the full description of each retreat. Pages 13 and 14 provide contact details of the Centres of Ignatian Spirituality. You may contact our friendly team to book by email, phone or mail. Bookings can also be made instantly online at [www.cis.jesuit.org.au](http://www.cis.jesuit.org.au)

Our Centres are not-for-profit organisations and our charges enable us to cover costs. Anything above this makes it possible for us to subsidise those who cannot afford the full cost. It is the policy of our Centres that nobody be excluded from a retreat or program due to financial reasons.

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## LOYOLA INSTITUTE • AUSTRALIA

The Loyola Institute is a centre of formation for mission and leadership. It researches and develops formation programs, processes and materials to help people to integrate Ignatian Spirituality into their life and work.

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## Campion Centre of Ignatian Spirituality

Joan Jennings, Director (Acting)  
99 Studley Park Road, Kew VIC 3101  
Tel: 03 9854 8110 Fax: 03 9854 8100  
Email: [campion@cis.jesuit.org.au](mailto:campion@cis.jesuit.org.au)

Campion has 14 single bedrooms with shared bathroom facilities, a conference room to seat 60, meeting rooms, chapel and dining room where all meals are fully catered. Live in retreats include all meals, bed linen and towels. Our gardens and the surrounding Yarra Bend Park give space for contemplation and gentle walking. Our conference centre is available for private hire.

## Canisius Centre of Ignatian Spirituality

Des Purcell SJ, Director  
PO Box 136 (102 Mona Vale Road) Pymble NSW 2073  
Tel: 02 9488 4524  
Email: [canisius@cis.jesuit.org.au](mailto:canisius@cis.jesuit.org.au)

Our Centre is located within the extensive grounds of Canisius College on Sydney's leafy North Shore, 30 minutes from the CBD by public transport, 45 minutes from the Airport. We offer 12 well-appointed retreat bedrooms, shared bathroom amenities, a conference hall and small meeting rooms.

## Loyola Centre of Ignatian Spirituality

Wayne Brabin, Director  
137 William Street, Norwood SA 5067  
Tel: 08 8364 3834  
Email: [loyola@cis.jesuit.org.au](mailto:loyola@cis.jesuit.org.au); [wayne.loyolacis@internode.on.net](mailto:wayne.loyolacis@internode.on.net)

Loyola is co-located with St Ignatius Parish, Norwood and occupies rooms where St Mary of the Cross McKillop spent time in prayer during part of the time she resided in South Australia. All personal individually directed retreats, days of reflection and group programs are conducted in our Centre at Norwood. All of our extended live in retreats are held at the Sevenhill Centre of Ignatian Spirituality.

## Faber Centre of Ignatian Spirituality

John Reilly SJ, Director

111 Sir Samuel Griffith Drive, Bardon

Box 721 Toowong DC, QLD 4066

Tel: 07 3368 2450 Fax: 07 3368 2486

Email: [fabercis@bigpond.com](mailto:fabercis@bigpond.com)

Website: [www.faberspirituality.org.au](http://www.faberspirituality.org.au)

Faber Centre, named after Blessed Peter Faber, one of the first companions of Saint Ignatius, began in Brisbane in 2006 at St Paul's Theological College, Banyo. In 2009, Faber moved to a larger home in Brisbane close to Toowong in a beautiful rainforest setting at the foot of Mt Coot-tha. With no overnight accommodation, Faber offers its residential retreats at the archdiocesan Santa Teresa Spirituality Centre in Ormiston, formerly the Cenacle Retreat Centre.



## Sevenhill Centre of Ignatian Spirituality

Ian Cribb SJ, Director

Box 13, Sevenhill SA 5453

Tel: 08 8843 4062

Email: [iancribb@jesuit.org.au](mailto:iancribb@jesuit.org.au)

Our centre is ideal for silent, directed retreats, planning days, formation programs, conferences & workshops. The vineyards, shrines, paths and Stations of the Cross create an environment conducive to encountering God in a restful and peaceful rural setting. The Clare Valley Riesling trail passes through the 400-acre property offering opportunities for walking and bike riding. Award winning table wines are offered with the evening meal. Hospitality is our special care and our desire is to foster an atmosphere of consoling the spirit, healing the soul, and loving the world with the heart of God.

# Sentir (ICSPF)

## Sentir (Institute for Christian Spirituality and Pastoral Formation)

Rev Dr Michael Smith SJ, Dean

99 Studley Park Road

Kew Vic 3101

Tel: 03 9854 8110 Fax: 03 9854 8100

Email: [registrar@icspf.edu.au](mailto:registrar@icspf.edu.au)

Web: [www.icspf.edu.au](http://www.icspf.edu.au)

Sentir (ICSPF) is the new name for the Institute for Christian Spirituality and Pastoral Formation. The name, which in Spanish means heart-felt knowing, is one that Saint Ignatius of Loyola used often. Sentir reflects our desire and purpose: to focus on the formation and integration of the whole person — head and heart. Sentir is a Recognised Teaching Institution of the MCD University of Divinity and works with the National Centres of Ignatian Spirituality.



## Loyola Institute Australia

### The Loyola Institute

Martin Scroope, Director

102 Mona Vale Road,

PO Box 136, Pymble NSW 2073

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# Ignatian Spirituality

Ignatian Spirituality is named after St Ignatius of Loyola. (1491-1556). Ignatius developed a way of personal spiritual growth based on his experience that God deals directly with us. He wrote down his spiritual practices in a book called 'The Spiritual Exercises', which is still relevant for modern women and men. His spirituality fosters interior freedom and facilitates good life decisions. The Spiritual Exercises have been variously named a school for prayer, a school for discernment and a school for loving action.

Ignatian Spirituality helps us to build a personal relationship with Jesus. It includes intimate dialogue with Christ, reflection on how God is present in our daily lives, and prompts us to ask: What have I done for Christ? What am I doing for Christ? What ought I do for Christ?

This dialogue becomes our prayer, providing a new foundation for how we relate to Jesus within the context of daily life. Our decision-making, whether small or potentially life-changing, takes place in this intimate relationship with God and leads to positive action in our lives.

**Peace**

Go inside

Find God-waves

Lapping at your heart

© Marlene Marburg

# The Spiritual Exercises in Three Forms

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Ignatius developed a program of prayer and reflection from his own experience as a poor pilgrim searching how to best serve God. His experiences of sharing God's love and faith with all sorts of people grew to become the book of *The Spiritual Exercises*. Ignatius gave three forms of his Exercises and we in turn offer them to you.

## 1. The First Spiritual Exercises - 21 Days

This retreat is made in daily life over four weeks for about 21 days. It contains first step exercises for beginners, new visions for searchers and solid food for those desiring more in their interior life. This retreat is about simplicity with depth – simplicity in exercise, depth in desire and relationship. Ignatius gave this retreat to everyone. It offers easily learnt exercises in a structure that aligns one's desires with faith and service. They are 'everyday' exercises in that one learns and prays exercises in this retreat that can be used with confidence and ease every day after it. In fact, this is the purpose that shapes the content of this retreat.

## 2. The Thirty Week Spiritual Exercises - 30 Weeks

This retreat is the full Spiritual Exercises made over about thirty weeks in daily life. One lives and works as usual and yet still makes Exercises. The retreatant commits to prayer and reflection for an hour each day and meets with their spiritual director once a week.

## 3. The Thirty Day Spiritual Exercises - 30-40 Days

This retreat is the full Spiritual Exercises made over 30-40 days in a retreat centre. In an atmosphere of prayerful silence and surrender, one is able to remain deeply in relationship with God through daily prayer, reflection, liturgy and spiritual direction.

# The First Spiritual Exercises

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## **The First Spiritual Exercise Retreats**

Throughout the year – contact local CIS

*CIS Teams and Outreach Teams*

The CIS Teams are giving these retreats to parishes, pastoral teams, prayer groups, teaching staff and ecumenical groups. Members of the CIS teams and independent Ignatian directors also give them to individuals. In the last three years the Spirit has surprised us with the powerful and life-giving gifts people have received in making a First Spiritual Exercises Retreat.

If you would like to experience one of these retreats in your parish, your group or personally, please contact your local Centre of Ignatian Spirituality.

These retreats are made in daily life over four weeks. They are built upon a commitment of daily prayer Monday to Thursday and Sunday Eucharist. Regular spiritual direction will be given in a group or individually, or both, adapted to the particular needs and circumstances of those making the retreat. Many resources will be given to you for on-going use and support after your retreat.

## **Inner Peace in Divine Love**

Throughout the year – contact local CIS

*CIS Teams and Outreach Teams*

In this popular retreat we remember all God's gifts to us. We explore how love is about giving and receiving between two lovers. The weekly themes are 'Remembering Love', 'Dwelling in Love', 'Love at Work' and 'Receiving and Giving Love'. Through these exercises the Lord will help us to remember and feel the traces of His love burning its way through our heart.

# The First Spiritual Exercises

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## **Inner Peace in the Service of God**

Throughout the year – contact local CIS

*CIS Teams and Outreach Teams*

Ignatius used the phrase ‘Service of God’ in his giving of the First Spiritual Exercises. For him, progress is movement forward. The weekly themes are ‘Where I am Going and to What Purpose’, ‘Progress Through Relationship’, ‘Progress Through Desire’ and ‘Progress Through Loving Action’. This retreat frees desires and loosens feet for God’s service.

## **Inner Peace in Darkness and Light**

Throughout the year – contact local CIS

*CIS Teams and Outreach Teams*

The retreat moves through the mysteries of love, sin and mercy, healing and freedom. It tracks through the dark side of our humanity. But, doing so, with God’s tender love, it also provides a surer route to feeling greater love, wholeness and openness to God. Indeed, it leads to a profound friendship with God.

## **Inner Peace in Friendship with Jesus**

Throughout the year – contact local CIS

*CIS Teams and Outreach Teams*

“*Some friends play at friendship but a true friend sticks closer than one’s nearest kin*” (Prov 18:24). This new retreat draws on our experience of friendship. In weeks two and three, you will experience how Jesus relates to you and others. Then, in growing friendship with Him, you will practise what He has shown you - for things you learn in a true friendship usually become a part of who you are. Jesus can be all a best friend is, yet there is more.

# The Thirty Week Spiritual Exercises

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## The Full Spiritual Exercises - In Daily Life

Anytime at: (Campion, VIC) (Canisius, NSW)  
(Faber, QLD) (Loyola, SA) (Sevenhill, SA)

One way of making *The Spiritual Exercises* is through the 'Retreat in Daily Life'. This way the person making the retreat is able to live and work in their own environment and yet still pray and make the Spiritual Exercises over a period of 30 weeks. The contemplations and exercises used are those of the 30 Day Retreat. The retreatant would pray for an hour each day and meet with their spiritual director once a week.

## The Full Spiritual Exercises: 30-40 Day Retreat

*CIS Teams*

The Full Spiritual Exercises are an individually directed live in retreat made over 30-40 days. Contact your local Centre of Ignatian Spirituality for information or an application form.

Sun 11 Mar - Sun 15 Apr	(Canisius, NSW)
Sun 17 Jun - Fri 20 Jul	(Campion, VIC)
Sun 24 Jun - Sun 29 Jul	(Sevenhill, SA)
Wed 15 Aug - Fri 14 Sep	(Ormiston, Faber, QLD)
Sun 7 Oct - Sat 10 Nov	(Sentir, VIC)
Thu 11 Oct - Thu 15 Nov	(Canisius, NSW)
Fri 12 Oct - Fri 16 Nov	(Sevenhill, SA)



# Open Day

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## Open Days:

Sun 26 Feb (Campion, VIC)  
10 am to 3pm (includes Eucharist)

Sun 4 Mar (Canisius, NSW)  
2.30 pm to 4 pm

What is spiritual direction? What happens on a retreat? Am I ready to make a silent directed retreat? What are the Spiritual Exercises? What is the best for me? You are invited to a day of prayer, reflection and conversation as we explore Ignatian Spirituality and what the Centre offers. Bookings are essential. (Come as our guest - no charge)



## Individual Spiritual Direction

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Individual spiritual direction is a foundational ministry of Ignatian spirituality. Like the spiritual direction relationship Jesus is in with the woman at the well, Ignatian directors seek to be a well for the encouraging, non-judgemental, life-giving water that is Jesus Himself.

Our Centres can provide regular individual direction by arrangement. The availability of a director will vary throughout the year. Please contact the CIS in your State for an application form which will be kept confidential. Upon receipt of your application, one of our spiritual directors will contact you.

# Individual Directed Silent Retreats

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In these silent retreats you will be given your own spiritual director for daily direction. In gentle conversation your director will discern with you how God is at work in your prayer.

A silent, directed retreat of one or two days is a good first step for those who may not have any previous experience of a retreat.

If you are seeking to continue your relationship with God in a longer prayerful time, then a four to eight day retreat might be a good next step. All these retreats are deliberately offered for different lengths of time so you may begin with a directed retreat for a day and return for longer retreats as you grow in experience.

Silent, directed retreats are also available at any time throughout the year at all of our Centres.

## Multiple Day Retreats

Mon 23 - Sat 28 Jan (Ormiston, Faber, QLD)

Mon 23 - Sat 28 Apr (Ormiston, Faber, QLD)

Mon 23 - Sat 28 Jul (Ormiston, Faber, QLD)

Mon 8 - Sat 13 Oct (Ormiston, Faber, QLD)

Discover and discern God in your life. Come for two, four or six days, depending on your needs and preference.

Sat 8 - Sun 16 Dec (Faber: Ormiston, QLD)

Advent Retreat - Spiritual Preparation for Christmas. Come for two, four, six or eight days, depending on your needs and preference. (*Contact Faber for cost*)

## One Day

Sat 21 Apr (Loyola, SA)

Sat 1 Sep (Campion, VIC)

Sat 8 Sep (Loyola, SA)

Sat 17 Nov (Campion, VIC)

# Individual Directed Silent Retreats

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## Three Day

Sun 1 - Thu 5 April (Sevenhill, SA)

Sun 1 - Thu 5 April (Campion, VIC)

*(\$320 Campion, \$240 Sevenhill - live in)*

## Five Day

Fri 20 - Thu 26 Jan (Campion, VIC)

Sun 19 - Sat 25 Feb (Sevenhill, SA)

Tue 13 - Mon 19 Mar (Sevenhill, SA)

Sun 27 May - Sat 2 Jun (Sevenhill, SA)

Mon 2 - Sun 8 Jul (Campion, VIC)

Mon 13 - Sun 19 Aug (Campion, VIC)

Mon 5 - Sun 11 Nov (Loyola, SA)

*(\$500 Campion, \$450 Loyola, \$400 Sevenhill - live in)*

## Six Day

Sun 15 - Sun 22 Apr (Sevenhill, SA)

Fri 4 - Fri 11 May (Campion, VIC)

Tue 12 - Tue 19 Jun (Sevenhill, SA)

Sun 9 - Sun 16 Sep (Sevenhill, SA)

Wed 12 - Wed 19 Sep (Campion, VIC)

Fri 9 - Fri 16 Nov (Campion, VIC)

Fri 30 Nov - Fri 7 Dec (Campion, VIC)

*(\$560 Campion, \$450 Sevenhill - live in)*

## Eight Day

Mon 18 - Wed 27 Jun (Campion, VIC)

Thu 20 - Sat 29 Sep (Sevenhill, SA)

Mon 15 - Wed 24 Oct (Campion, VIC)

Sun 25 Nov - Tue 4 Dec (Sevenhill, SA)

Fri 7 - Sun 16 Dec (Canisius, NSW)

Fri 8 - Sun 16 Dec (Ormiston, Faber, QLD)

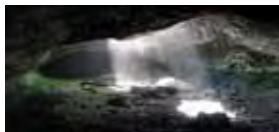
*(\$750 Campion, \$640 Sevenhill - live in)*

# Special Retreats

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Our Centres offer retreats on spiritual themes to meet the needs and desires of particular people. These retreats offer spiritual conversations about prayer and life experience in guided groups or individual spiritual direction. Each retreat has its own rhythms of silence and withdrawal, guidance, prayer, liturgy, teaching, rest and recreation. Please read the retreat descriptions to choose the weekend that best meets your desires.

No special knowledge or holiness is required! In every retreat, expect to be given encouragement, spiritual direction, spiritual exercises and ways to pray. Finally, these retreats will offer practical ways for you to continue to deepen your relationship with God.



## Special Retreats - Within a Day

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### **Quiet Day: Reflecting on My Spiritual Exercises**

Sat 4 Feb (Faber, QLD)

*Steve Cunningham, Liz Kerr, Dale Keenan*

Open to persons who have done the full Spiritual Exercises. 9.3 0am to 3.00 pm. BYO lunch.

### **Images of God**

Sat 17 Feb (Loyola, SA)

*Loyola Team*

The image we have of God affects the way we are and the way we live. Is your God demanding or a God of love and tenderness? Come and explore and be open to the God of surprises. 9.30 am to 3.00 pm (\$40)

# Special Retreats - Within a Day

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## Quiet Day: Other Ways of Praying

Sat 7 Mar (Faber, QLD)

Sat 21 Mar (Ormiston, Faber, QLD)

*Gerry Ellis, Sr Catherine Hefferan RSM*

A brief introduction to Ignatian Prayer, the Ignatian Examen and Ignatian Imaginative Prayer. 9.30 am – 3.00 pm. BYOunch.

## I Dreamed a Dream

Tue 13 Mar (Loyola, SA)

*Judy Backstrom*

We have many dreams during our lives – some large and some quite small. Many of our dreams are not fulfilled. This morning of silent reflection and shared experience offers a chance to reflect on our lost dreams, to acknowledge them and honour the process of coming to acceptance. 9.30 am to 1.30 pm. BYO lunch. (\$30)

## Suffering

Sat 17 Mar (Canisius, NSW)

*Sally Longley*

This day retreat will look at the role lament and suffering has played in the lives of those in Scripture, and draw valuable lessons for extreme times. 9.30 am to 4.00 pm.



Artist: Kerry Holland

# Special Retreats - Within a Day

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## **Come Away to Journal**

Sat 17 Mar (Campion, VIC)

*Marlene Marburg*

This workshop offers a silent prayerful environment, with guidance to explore ways in which journaling can enhance self-awareness and creativity in relation to God. This workshop might be of particular interest to those praying or planning to pray the Spiritual Exercises. Bring journal and pen. 9.30 am to 3.30 pm. (\$75)

## **Travelling with the Women of Holy Week**

Sat 31 Mar (Campion, VIC)

*Margaret Mary Flynn*

“...what she has done will be told also, in remembrance of her...” (Mark 14:9). Travel with the women who walked with Jesus to His death and burial. Using movement, imaginative contemplation and meditation, this day invites you to pray the experience of Jesus’ Passion with those who stood and witnessed with His mother at the Cross. (\$75)



## **Hope**

Sat 31 Mar (Canisius, NSW)

*Sally Longley*

“*God is faithful to keep the future. That is enough*” - Walter Brueggeman. This day will be a time to soak in hope – Biblical hope! This is not the watered-down version of common sense hope, nor is it ‘optimism’, but rather the rugged and gritty hope that flies in the face of pragmatism and practicalities. 9.30 am to 4.00 pm.

# Special Retreats - Within a Day

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## Silent Sundays

Sun 1 April	Pondering the Mystery of Christ's Resurrection
Sun 13 May	Pondering the Experience of Paul's Conversion
Sun 9 Sep	Pondering the Reality of Church
Sun 14 Oct	Savouring the Celebration of Eucharist
Sun 11 Nov	Pondering the Meaning of Prayer

(Faber, QLD) *John Reilly SJ*

Each day begins at 10.00 am and concludes at 3.00 pm. BYO lunch.

## Gospel on Location

Wed 4 Apr and Wed 5 Dec (Loyola, SA)  
*Julie Tranfa*

Two hours of gospel reflection and quiet contemplation at a location in Adelaide. (No Cost)

## For God's Sake Stop

Sat 21 Apr and Sat 8 Sep (Loyola, SA)  
*Loyola Team*

*"Come with me by yourselves to a quiet place and get some rest."* We offer you a day of quiet prayer and a listening ear. This is a chance to experience silence, spiritual direction and enjoy a gentle introduction to Ignatian Spirituality. (\$40 live out)

## Exploring Our Experience of Volunteering

Sat 21 Apr and Sat 24 Nov (Campion, VIC)  
*Jo Dunin*

Through reflection, the experience of volunteering changes the roles of giver and receiver, and encourages new thinking about oneself and about the world. Join us for a day of rest where we focus on how we are being changed, challenged, inspired or renewed. (\$20 live out)

# Special Retreats: Within a Day

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## **Sitting in the Gaze of God**

Wed 2, 9 16, 23 May (Campion, VIC)

*Jill Firth*

'Notice that He is looking at you'. (Teresa of Avila). Four evenings in the presence of God for beginners, using simple awareness exercises to lead into silent contemplation. Come to one session, or all. 7.30 pm to 9.30 pm. (\$10 per session)

## **Quiet Day Retreat: The Art of Conversation**

Sat 5 May (Faber, QLD)

Sat 19 May (Ormiston, Faber, QLD)

*Liz Kerr*

Conversation with God in prayer and conversation with others in daily life. Exploring Ignatian insights. 9.30 am to 3.00 pm. BYO lunch for Faber.

## **Praying with Music**

Sat 5 May and Sat 8 Sep (Faber, QLD)

*Dale Keenan*

A music-centred imagery approach to praying with music. In a silent, prayerful space you are invited to enter the music and listen in a new way to the mysteries of the scriptures. 9.30 am to 3.30 pm. BYO lunch

## **Spirituality of Motherhood**

Wed 9 May (Canisius, NSW)

*Sally Longley*

How can we experience God in the midst of the hectic demands of little people? This retreat is specifically designed for mothers, and will offer some perspective on experiencing the felt presence of God in the 'eye of the storm'. Morning tea and lunch provided. 9.30 am to 2.30 pm.

# Special Retreats: Within a Day

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## **Quiet Day Retreat: Discerning Heart**

Sat 7 Jul (Faber, QLD)

Sat 21 Jul (Ormiston, Faber, QLD)

*Sr Catherine Hefferan RSM, Ann Hoare*

Days of quiet reflection. 9.30 am to 3.00 pm. BYO lunch for Faber.

## **Be Still and Know that I am God**

Sat 21 Jul and Sat 17 Nov (Loyola, SA)

*Loyola Team*

A day for prayer and reflection, being still, knowing that God is God.

9.30 am to 3.00 pm. (\$40)



## **Come and See Meditation Evenings**

Wed 1, 8, 15, 22 Aug (Campion, VIC)

*Mandy Lane*

These evenings are a chance for you to come, relax and be guided through different styles of meditation and contemplation using imaginative contemplation, music, poetry, and prayer of the senses. Come to one or all sessions. 7.30 pm to 9.30 pm. (\$10 per session)

## **A Retreat for Women: In Touch with God's Spirit**

Sat 4 Aug (Faber, QLD)

Sat 18 Aug (Ormiston, Faber, QLD)

*Sr Anne Dawson OSU, Liz Kerr*

Attending to the inner wisdom of the Spirit in women's experience. 9.30 am to 3.00 pm. BYO lunch for Faber.

# Special Retreats: Within a Day

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## **Hospitality**

Sat 4 Aug (Canisius, NSW)

*Sally Longley*

The One who comes as visitor and guest becomes host and offers a hospitality in which the entire world can become truly human, be at home, and know salvation in the depths of their hearts. What does it mean to be partners with Jesus in the ministry of hospitality? Come for a day to contemplate God's hospitality. 9.30 am to 4.00 pm.

## **Landscapes of the Soul**

Sat 18 Aug (Canisius, NSW)

*Sally Longley*

Our interior lives are complex ecosystems, with both majestic and terrifying landscapes. We turn as pilgrims to chart our inner landscapes, and see God there in all things and in all places. A day to facilitate the encountering of the Christ who dwells within. 9.30 am to 4.00 pm.

## **Quiet Day Retreat: A Day with Ignatius Loyola**

Sat 25 Aug (Faber, QLD)

*Dale Keenan*

This prayerful workshop will explore the faith vision of Ignatius through considering the First Principle and Foundation of the Spiritual Exercises. 9.30 am to 3.30 pm. BYO lunch.

## **Oasis Day: Come, Rest, Pray**

Sat 1 Sep and Sat 17 Nov (Campion, VIC)

*Campion Team*

*"Come with me by yourselves to a quiet place and get some rest."* We offer you a day of silence, quiet prayer, a listening ear and a gentle introduction to Ignatian Spirituality. (\$75 live out)

# Special Retreats: Within a Day

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## **Quiet Day Retreat: My Personal Vocation**

Sat 1 Sep (Faber, QLD)

Sat 15 Sep (Ormiston, Faber, QLD)

*Kerry Holland*

Each of us is uniquely called by God. 9.30 am to 3.00 pm. BYO lunch for Faber.

## **Mother of Sorrow - Reflection Day for Women**

Tue 4 Sep (Loyola, SA)

*Judy Backstrom*

Many of us share the experience of losing a child of any age, born or unborn, either through death or the vagaries of life. This morning of reflection offers an opportunity to further reflect on a shared experience. 9.30 am to 1.30 pm. BYO lunch. (\$30)

## **Ignatian Exercises - Through the Lens of Teilhard de Chardin**

Sat 6 Oct (Faber, QLD)

Sat 20 Oct (Ormiston, Faber, QLD)

*Sr Catherine Hefferan RSM, Ann Hoare*

Day of quiet reflection. 9.30 am to 3.30 pm. BYO lunch for Faber.

## **Finding God in all Things**

Sat 13 Oct (Faber, QLD)

*Dale Keenan*

Use of the Examen of Consciousness as a short, daily reflective prayer provides us with a way to seek and find God in all things. 9.30 am to 3.30 pm. BYO lunch.

## Special Retreats: Within a Day

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### **The God Who Comes**

Sat 1 Dec (Canisius, NSW)

*Sally Longley*

Do you want to prepare your heart for Advent, but find yourself very busy? Draw aside for the afternoon and be led in silence to God who knows your situation and beckons you to draw near. Breathe in deeply the presence of God as we focus on God's coming to us. Afternoon tea provided. 1.00 pm to 5.00 pm.

## Special Retreats: Weekend

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Most weekend retreats commence on Friday evening and conclude on Sunday afternoon.

### **Introduction to the Spiritual Exercises**

Sat 11 - Sun 12 Feb (Faber, QLD)

*Dale Keenan*

For persons considering making the Exercises this is a valuable opportunity to 'taste and see' before making that decision. 9.30 am - 3.30 pm. BYO lunch.

### **Seeking the Face of Jesus**

Fri 24 - Sun 26 Feb (Canisius, NSW)

*Mary Flynn RSJ*

In Ps. 42 we read, "*As the deer longs for running streams, so I long for you. My soul thirsts for you, the God who is my life! When shall I see the face of God?*" To see the face of God is to have all desire quenched, all restlessness stilled, all aching quietened. To see the face of God is to attain complete peace. God has given us Jesus so that we can see His face and find the peace for which we long.

# Special Retreats: Weekend

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## **My Relationship with God**

Fri 2 - Sun 4 Mar (Campion, VIC)

Fri 7 - Sun 9 Dec (Campion, VIC)

*Campion Team*

To deepen your relationship with God, we offer you silence, a spiritual director and ample time for prayer and reflection. There is no input or group work, just silence and guidance. (\$230 live in)

## **Journey with Jesus**

Fri 2 - Sun 4 Mar (Canisius, NSW)

*Mary Flynn RSJ*

The Gospels portray the life of Jesus as a journey. My life and the life of Jesus intersect - when I meet Jesus on His Gospel journey I find how His life and mine are similar, and how my life experience is a mirror of His own. Jesus is a fellow-traveller on the journey of my life.

## **Two or Four Days Mid-Lenten Retreat**

Fri 9 - Tue 13 Mar (Ormiston, Faber, QLD)

*John Reilly SJ and Faber Team*

Preached retreat with opportunity for individual spiritual direction. You are invited to attend for the weekend, or for four days.

## **The Mystery of Suffering**

Fri 27 - Sun 29 Apr (Campion, VIC)

*Marea Richardson*

Are there times of suffering when you experience aloneness, emptiness, or abandonment by God and others? While there are no answers, this weekend offers nourishment for your soul, and a holding space with gentle prayer and sharing of stories. (\$230 live in)

# Special Retreats: Weekend

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## **Weekend Wonderings**

(Ormiston, Faber, QLD)

*John Reilly SJ*

These weekend preached retreats address aspects of scripture and issues facing the church today. All are welcome to come to the series of talks or to those that are of interest.

### ***1 Wonder of Christ's Resurrection***

Fri 27 - Sun 29 Apr

Preached retreat reflecting on the mystery of God raising Jesus from death, and this flows into the lives of those who believe in Christ.

### ***2 Wonder of Paul's Conversion***

Fri 25 - Sun 27 May

Preached retreat - sharing the experience of Saint Paul which he briefly describes in his Letter to the Galatians 1:15-16 "God chose to reveal God's Son in me."

### ***3 Wonder of the Church***

Fri 28 - Sun 30 Sep

Preached retreat reflecting on the Church described by the Second Vatican Council as the mystery revealed in a pilgrim people and a social institution.

### ***4 Wonder of Eucharist***

Fri 19 - Sun 21 Oct

Preached retreat - savouring the celebration of the Eucharist as offering, consecration and communion, in word, song and sacrament.

# Special Retreats: Weekend

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## ***5 Wonder of Prayer***

Fri 23 - Sun 25 Nov

Interiorising the prayer that Jesus taught all His disciples to pray in the Gospels of Matthew 6:7-15, and Luke 11:1-4.

## **Spiritual Journey for Men**

Fri 18 - Sun 20 May (Loyola, SA)

*Wayne Brabin*

As men journey through their lives there is often a time when they are challenged by discovering new priorities, new values and new goals. This transition can be an invitation to enter more deeply into the inner journey. Held at Sevenhill, the retreat will commence at 7.30 pm on Friday night and end at 3.00 pm on Sunday. (\$180 Live in)



## **Journal Workshop 1 - Life Context**

Fri 8 - Sat 9 Jun (Campion, VIC)

*Jan Watson*

The Intensive Journal method, a psycho-spiritual program developed by Ira Progoff PhD in the 1960s offers whole-of-life approach using a structured workbook and meditative exercises. Working step by step through the carefully designed exercises is like a journey through your life, going progressively deeper, recognizing the threads of continuity throughout life, identifying experiences of meaning and introducing ways to access your inner wisdom. Further information is available on the web-site : [www.intensivejournal.org](http://www.intensivejournal.org). (\$190 live out)

# Special Retreats: Weekend

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## Journal Workshop 2 - Depth Contact

Sun 10 - Mon 11 Jun (Campion, VIC)

*Jan Watson*

(Pre-requisite: Life Context Workshop) Building on previous Journal work, these exercises explore further the social dimensions of living, dreams and images, spiritual questions and experiences of meaning, faith and connection. Using the entire Journal enables you to make the content of your spiritual life tangible and gives energy to act creatively out of your deepest values. (*\$190 live out*)

## One, Two or Three Day Weekend

Sat 9 - Mon 11 Jun (Canisius, NSW)

*Canisius Team*

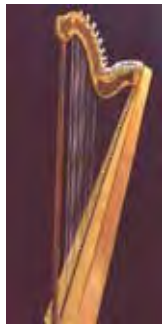
Use the Queen's Birthday weekend as an opportunity for some quiet, peace & prayer. This retreat is especially designed for busy people, or for those who may not have any previous experience of a silent retreat. All meals, accommodation and spiritual direction included. (*\$190 live out*)

## Being 'Present to the PRESENCE of God'

Fri 29 Jun - Sun 1 July (Canisius, NSW)

*Sally Longley*

What if each of us is so full of Presence that we are at all times shining out like stars, and all that we have to do is get out of our own way so that we can live within the Presence of God? Join spiritual director, retreat leader and Celtic harpist Cath Connelly and Sally Longley for a weekend using music, poetry, silence, art and Celtic Christian spirituality to explore both Presence and how to get out of our own way.



# Special Retreats: Weekend

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## **Moving Closer to Christ - Silent Preached Retreat**

Fri 3 - Sun 5 Aug (Campion, VIC)

*John Doenau SJ, Bernadette Byrne*

My deepest desire: *'to know Christ more intimately, love Him more tenderly, and follow Him more closely'* (Richard of Chichester). Join us for a weekend of prayer and reflection on how we can move closer to Christ. (\$230 live in)

## **Pathway to the Oasis for Men**

Fri 10 - Sun 12 Aug (Loyola, SA)

*Wayne Brabin*

Reflective contemplation for men seeking inner silence and a relationship with God. Retreatants have the opportunity to experience various ways of praying from the Ignatian tradition. Held at Sevenhill, the retreat will commence at 7.30 pm on Friday night and end at 3.00 pm on Sunday. (\$180 live in).

## **The Beatitudes**

Fri 10 - Sun 12 Aug (Canisius, NSW)

*Mary Flynn RSJ*

The eight Beatitudes – the “Blessed are ...” (Luke 6) sayings of Jesus reveal to us a portrait of the type of person Jesus was, and invite us to be like Him, so that we too can find and enjoy the ‘blessedness’ - the ‘happiness’ – that God desires for us.



# Special Retreats: Weekend

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## **Praying our Memories**

Fri 24 - Sun 26 Aug (Canisius, NSW)

Mary Flynn RSJ

Memories are like an internal camera, constantly capturing for us the significant moments, both good and bad, of our lives. We find joy in taking out our photographs and reliving the moments we have captured in them. Taking out our memories in the presence of God can be a prayer of great joy, peace, comfort and awareness, and may be a source of healing and growth, as we seek to become more at one with God, ourselves and all creation.

## **Seek and Find God's Will - Praying the Examen**

Fri 7 - Sun 9 Sep (Campion, VIC)

*Jennifer Sanders, RSJ*

Are you searching for a way to feel God's presence in your everyday life? Struggling to find God in all things? Thirsting for a way to grow in your relationship with God? Come and discover the prayer Ignatius of Loyola prayed to "seek and find God's will". The Examen Prayer is a transforming and ever-growing practice in Christian spirituality. (\$230 live in, \$190 live out)

## **The Prodigal Son - Men's Retreat**

Fri 19 - Sun 21 Oct (Loyola, A)

*Wayne Brabin*

In the parable of the Prodigal Son, Jesus gives us deep insights into the issues we face within ourselves, in developing an intimate relationship with God. This retreat will explore the implications of this parable for our own personal journey. Held at Sevenhill, the retreat will commence at 7.30 pm on Friday night and end at 3.00 pm on Sunday. (\$180 live in)

# Special Retreats: Weekend

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## Women's Spirituality Retreat

Fri 26 - Sun 28 Oct (Campion, VIC)

*Terry Fanning*

Have you reached a plateau in your life? Where do you go from here? This weekend for women will honour and celebrate your life so far and will seek to find meaning in the next part of your journey. We will draw from the stories of women in Scripture as we reflect on our own lives and discern where God might be leading us. (\$230 live in, \$190 live out)

## Simplifying My Life

Fri 2- Sun 4 Nov (Ormiston, Faber, QLD)

*John Reilly SJ, Kerry Holland*

An opportunity to prayerfully weigh the baggage I carry in my life.



## Ignatian Prayer in the Labyrinth

Fri 2 - Sun 4 Nov (Campion, VIC)

*Michael Hansen SJ, Campion Team*

The medieval Christian labyrinth is a potent symbol of pilgrimage. This very popular weekend is a time to walk and pray the pattern of our life journey on the Chartres Cathedral labyrinth replica built at Campion. New or experienced walkers, builders and thinkers, the curious, the mystified, the adventurous, the careful, the lost and the found – all are welcome. (\$230 live in, \$190 live out)

## Special Retreats: Weekend

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### **Praying our Dreams**

Fri 23 - Sun 25 Nov (Canisius, NSW)

*Mary Flynn RSJ*

In the Christian Scriptures we see that God has chosen to communicate with us through dreams. It is important for us to learn the language of dreams so that we are able to understand what God is saying to us. This workshop will enable participants to learn God's language of dreams, and to discover for themselves the richness of God's communication through them. The Praying of Dreams is also a helpful tool for Spiritual Directors in their practice of their ministry.

### **Introduction to the Spiritual Exercises**

Sat 24 - Sun 25 Nov (Faber, QLD)

*Dale Keenan*

For persons considering making the Exercises this is a valuable opportunity to 'taste and see' before making that decision. 9.30 am-3.30 pm. BYOlunch.

## Special Retreats: Three Day

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### **Praying Holy Week**

Sun 1 - Thu 5 Apr (Sevenhill, SA)

*Noel Bradford SJ, Justin King SJ*

Holy Week is a major event in the Liturgical calendar. Praying Holy Week is designed to help you enter into the Paschal Mystery and the richness of the ceremonies. The themes of Holy Week will be explored through discussion, prayer and personal reflection. (\$240 live in)

## Special Retreats: Five Day

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### **Silent Directed Retreat for Women**

Tue 5 - Mon 11 Jun (Loyola, SA)

Mon 5 - Sun 11 Nov (Loyola, SA)

*Stephanie Brabin, Jan Sobotta*

A silent directed retreat for women offering opportunities to continue a relationship with God and experience prayer in a reflective and peaceful way. The retreat will be held at Sevenhill. (\$450 live in)

## Special Retreats: Six Day

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### **Inner Peace in Friendship with Jesus**

Fri 13 - Fri 20 Apr (Campion, VIC)

*Michael Hansen, Campion Team*

*“Some friends play at friendship but a true friend sticks closer than one’s nearest kin” (Prov 18:24).* This retreat draws on our own experience of friendship to help us experience how Jesus relates to me and others. In growing friendship with Him, I will practise what He has shown me - for things I learn in a true friendship usually become a part of who I am. Jesus can be all a best friend is, yet there is more. (\$590 live in, \$450 live out)

## Special Retreats: Multiple Day

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### **Advent Silent Directed Retreat**

Sat 8 - Sun 16 Dec (Ormiston, Faber, QLD)

*John Reilly SJ and Faber Team*

Spiritual preparation for Christmas. Come for two, four, six or eight days depending on your needs and preference.

# Special Retreats - In Daily Life

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## **Men Alive**

Thu 31 May, Thu 7, 14, 21 Jun and Sat 30 Jun

Thu 30 Aug, Thu 6, 13, 20 Sep and Sat 29 Sep

(Ormiston, Faber, QLD)

*Peter Shakhovskoy*

Meetings will occur over four Thursday evenings from 7.00 pm - 9.00 pm and on Saturday from 10 am - 3.00 pm. Lunch is provided.

## **The Winding Road Retreat for Men**

Mon 3 Sep - Thu 20 Sep (Loyola, SA)

*Wayne Brabin*

This retreat offers men a way to integrate a pattern of personal prayer into their daily life while sharing the experience. Over three weeks we meet for joint prayer, reflection, sharing and spiritual direction. (\$90)

## **Outreach Retreats**

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Our CIS outreach teams are available to work in your parish, school or group setting. Our desire is to come to you wherever that may be, to help build up the prayer life and spirituality of your community. Experienced spiritual directors will work closely with you in developing a program that will allow participants to deepen their personal prayer life and relationship with God.

## **Parish/Group Reflection Days**

Throughout the year.

*All CIS Teams*

Our outreach teams are ready to help plan and offer reflection days in your parish or group. In stillness and quiet, we can guide you through prayer using scripture, poetry, art and music. Experience good spiritual conversation, refreshment and new life in your relationship with God.

# Outreach Retreats

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## **Masculine Spirituality Retreats**

Throughout the year.

*Wayne Brabin (Loyola, SA)*

Our team offers a range of opportunities to support men in their faith journey. The experiences can be parish-based programs, workshops and prayer days, evenings or mornings.

### **The First Spiritual Exercise**

Inner Peace in God's Love

Inner Peace in the Service of God

Inner Peace in Darkness and Light

Inner Peace in Friendship with Jesus

*Throughout the year. Four Weeks in Two Days.*

These retreats are a form of the Exercises given by Ignatius to many people. Pages 18-19 give a full description. If you would like one of these retreats in your parish or with your group, contact the local CIS team.

Sun 9 Sep - Thu 13 Sep (Canisius, NSW)

*Canisius Team*

This program is being offered at Canisius as well as an outreach to parishes. It starts with Sunday Eucharist and a group meeting, then is built upon a commitment of daily prayer Monday to Thursday. The retreat concludes with a meeting with a spiritual director on the final day.

### **Parish Retreats in Daily Life**

Throughout the year. 1-10 weeks (Parishes)

We offer a Retreat in Daily Life with individual spiritual direction and group meetings. Retreats may be from 1-10 weeks. Contact local CIS.

# Ignatian Formation

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The ministries and gifts of Ignatian spirituality only grow with a steady increase of Ignatian directors and people formed in this spirituality. The following programs are offered with an invitation to those who may be considering whether they have the experience, desire and call to this ministry, and who may be ready for serious formation.

## **The Arrupe Program** *National Coordinator - Bernadette Miles*

The Arrupe Program is the Australian Jesuit Province's National program for the formation of givers of the Spiritual Exercises and spiritual directors in the Ignatian tradition. Completion of the Full Spiritual Exercises is a pre-requisite for entry into the program. Applications for 2013 should be made by 30 November 2012. Application forms and course description are available at:

*[www.cis.jesuit.org.au/formation.html](http://www.cis.jesuit.org.au/formation.html) or contact*

*Bernadette Miles at Sentir (ICSPF) for more information.*

The Arrupe Program can be completed for academic credit through the Institute of Christian Spirituality and Pastoral Formation (ICSPF) which is a recognised teaching institution of the MCD University of Divinity. Many of the units included in the Ignatian Formation section of the CIS program calendar can be completed toward a Bachelor of Theology or towards the following postgraduate awards offered through Sentir :

Graduate Certificate in Ignatian Spirituality

Graduate Certificate in Supervision (Spiritual Direction)

Graduate Diploma in Spiritual Direction

Graduate Diploma in Theology

Master of Arts (Spiritual Direction)

Master of Arts (Spirituality)

Doctor of Philosophy

For more information visit the Sentir website: [www.icspf.edu.au](http://www.icspf.edu.au)

# Ignatian Formation

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## **Healing Trauma: The Gift of Prayer and Spiritual Direction**

Mon 6 – Fri 10 Feb (Sentir (ICSPF) - Campion, VIC)

*Maureen Conroy RSM*

This workshop for spiritual directors and supervisors explores the role of spiritual direction and prayer in healing trauma. Psychological and physical trauma and abuse deeply affect our ability to be our authentic selves. Prayer and spiritual direction can be powerful ways to help heal our trauma and to experience being fully alive in God. (\$960 live out)

## **God is Love - Love is the Greatest Healer!**

Fri 10 Feb (Sentir (ICSPF) - Campion, VIC)

*Maureen Conroy RSM*

A compassionate, caring presence to another fosters physical cures, psychological healing, and spiritual well-being. In this evening workshop we will reflect upon the ways that human and divine love heals body, mind and spirit; experience healing meditations grounded in unconditional love; and explore concrete ways to foster abundant love in your life. (\$30 live out)

## **Surrender Leads to Freedom: Addiction, Co-Dependency and Spiritual Direction**

Sat 11 Feb (Sentir (ICSPF) - Campion, VIC)

*Maureen Conroy RSM*

We are all affected by addictive, co-dependent tendencies in our families, work-places, society, and within ourselves, and need greater education and deeper inner healing to be the free, wonderful people we are meant to be! This one-day workshop explores the experience of addiction and co-dependency, recovery from these core wounds, and the role of personal prayer and spiritual direction to address the woundedness, unfreedom, and powerlessness in our lives. (\$95 live out)

# Ignatian Formation

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## **Apostolic Dreaming Group**

Wed 22 Feb, 14 Mar, 11 Apr, 23 May, 13 Jun, 18 Jul

22 Aug, 19 Sep, 14 Nov. (Sentir (ICSPPF) - Campion, VIC)

*Marlene Marburg, Bernadette Miles, Michael Smith SJ*

What the church most needs at this time are entrepreneurs - people who will risk starting new ventures in ministry, and outreach in new contexts and, in the process, provide new dynamism to the church. Would you like to be part of a group that explores emerging apostolic potential? This group will meet monthly 7.00 pm to 9.00 pm for prayer and conversation. You are invited to come to one or all of the sessions. (\$30 per session)

## **Individual Apostolic Dreaming**

By appointment (Sentir (ICSPPF) - Campion, VIC)

*Marlene Marburg, Bernadette Miles, Michael Smith SJ*

Would you like to be supported in bringing your apostolic dream into reality? In these one-on-one sessions we offer you a co-discerner to explore your hopes, potential, resources, skills and help you to navigate the terrain in which your dream is being birthed or renewed. The process will be a combination of spiritual direction, mentoring role and ministry supervision. (\$80 per one hour session)

## **My Experience of the Spiritual Exercises**

Mon 27 Feb – Fri 2 Mar Intensive (Sentir (ICSPPF) - Campion, VIC)

Sat 16, 30 Jun, 14 Jul, 4, 25 Aug (Sentir (ICSPPF) - Campion, VIC)

*Marlene Marburg and Bernadette Miles*

After making the Spiritual Exercises it is helpful to reflect prayerfully on your experience of the journey. The objective of this week/monthly Saturdays of reflection and sharing is to help you recognise, appropriate, and name more accurately your unique experiences during the Exercises. (\$790 live out)

# Ignatian Formation

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## **Relational Psychodynamics**

Mon 27 Feb – Fri 2 Mar and Mon 9 – Fri 13 Jul Intensive

Wed 14 Mar – 4 Jul - Weekly (Sentir (ICSPF) - Campion, VIC)

*Liza Stewart*

This seminar looks at the process of self-awareness, self-exploration and self-understanding. Participants receive a theoretical framework which will give them greater understanding of their own psychodynamics and will enlighten their experience. Two one-weekly intensives or 15 Thursday mornings 10.00 am to 12.30 pm. (\$960 live out)

## **Ignatian Spirituality Seminar and Retreat**

Fri 23 - Sun 25 Mar and Fri 18 - Sun 20 May (Sentir Campion, VIC)

*Joan Jennings, Robert Paterson*

This seminar introduces the spirituality of St Ignatius which develops an intimate relationship with Jesus lived in daily life. It can be credited towards the Bachelor of Theology and involves participation in two weekend seminars and a seven week 'Retreat in Daily Life'. Participants will pray each day and see a retreat guide once each week. (\$960 live out)

## **Ignatian Discernment and Christian Decision-Making**

Fri 4 - Sun 6 May, Fri 22 - Sun 24 Jun (Loyola, SA)

*Loyola Team*

Fri 24 - Sun 26 Aug and Fri 12 – Sun 14 Oct (Sentir Campion, VIC)

*Robert Paterson , Michael Smith SJ*

This seminar teaches us how to recognize the better Spirit in our lives and make good decisions. It can be a credited unit towards the Melbourne Bachelor of Theology, and involves participation in two weekend seminars and a seven week Retreat in Daily Life in which participants pray each day and see a spiritual director once a week. (\$350 Loyola - live in, \$960 Campion live out)

# Ignatian Formation

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## **Introduction to Supervision of Spiritual Directors**

Wed 23 - Sun 27 May (Sentir (ICSPF) - Campion, VIC)

*Janet Ruffing RSM, and the Sentir Team*

Supervision focuses on the development of the skills, attitudes and knowledge in both those in formation and members of the ministry. This five-day (36-hour) intensive unit aims to help spiritual directors grow in the competencies necessary to supervise others in the ministry. This program can be done as part of the Graduate Certificate in Supervision (Spiritual Direction). (*\$960 live out*)

## **PD for Supervisors of Spiritual Directors**

Sat 26 - Sun 27 May (Sentir Campion, VIC)

*Janet Ruffing RSM*

This two day workshop is an ideal opportunity for those in the ministry of supervision of spiritual directors to enhance their skills. Janet comes with a wealth of experience and has published five books and numerous articles on spiritual direction and supervision, and other topics in spirituality. (*\$350 live out*)



## **Urgings of the Heart: A Spirituality of Integration**

Mon 23 - Fri 27 Jul (Sentir (ICSPF) - Campion, VIC)

*Wilkie Au, Noreen Cannon and the Sentir Team*

In this one-week workshop Wilkie and Noreen will use stories and images to explore and blend the best of spirituality and psychology to help the participants understand how to live in peace with self, others and God. (*\$960 live out*)



# Ignatian Formation

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## **By Way of the Heart: Toward a Holistic Christian Spirituality**

Sat 28 Jul (Sentir (ICSPPF) -Campion, VIC)

*Wilkie Au, Noreen Cannon*

In the one day workshop we will explore how an embodied spirituality of gospel values can provide a spirituality in which balance is always central. Whether this balance is of values or balance of our own effort and reliance on God; we will explore that it is the effort, rather than result, that is important. (\$95 live out)

## **Group Leadership, Organisation and Spirituality**

Wed 22, 29 Aug, 5 12, 19 Sep (Sentir (ICSPPF) - Campion, VIC)

*Bernadette Miles , Michael Smith SJ*

This seminar helps participants become more aware of the structures and processes at work in collaborative ministry teams. The guiding matrix for this seminar will be the Spiritual Exercises, its spiritual pedagogy and dynamism. (\$960 live out)

## **Peer and Group Supervision**

Mon 27 – Fri 31 Aug (Sentir (ICSPPF) - Campion, VIC)

*Marlene Marburg, Bernadette Miles, Michael Smith SJ Liza Stewart*

This five-day (36-hour) intensive unit introduces spiritual directors to peer and group supervision which are adjuncts to individual supervision. Group supervision develops the directing skills of the spiritual directors within the group. Peer groups offer opportunities for ongoing formation among spiritual directors. This program can be done as part of the Graduate Certificate in Supervision (Spiritual Direction) (\$960 live out)

# Ignatian Formation

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## **Supervision Training Program**

Sun 2 - Sun 9 Sep (Canisius, NSW)

*Mary Flynn RSJ*

This is a skills-based training program for experienced spiritual directors (three years' minimum experience) who wish to become supervisors of other spiritual directors, or who wish to enhance their personal skills in self-supervision and spiritual direction. The course consists of theory and practice and is followed by a six-month practicum. Skype may be used for supervision of interstate and international participants.

## **Supervision and the Discernment of Spirits**

Mon 3 - Fri 7 Sep (Sentir (ICSPF), Champion, VIC)

*Marlene Marburg, Bernadette Miles, Michael Smith SJ, Liza Stewart*

This five day (36 hour) intensive unit aims to help spiritual directors grow in the skills necessary to supervise others involved in the ministry of spiritual direction, with a particular focus on the Ignatian Rules for Discernment of Spirits. The program can be completed as part of the Graduate Certificate in Supervision (SD). (\$960 live out)

## **Finding God in the Dark**

Mon 24 - Fri 28 Sep (Sentir (ICSPF) - Champion, VIC)

*Monty Williams SJ, Sentir team*

In his latest book *Finding God in the Dark II Taking the Spiritual Exercises of St. Ignatius to the Movies*, Monty uses film as a tool to engage with contemporary culture and the spiritual journey. In this one week seminar Monty and the Sentir Team will explore the use of film in relation to the Key Meditations of the Second Week of the Exercises in which Ignatius invites us to become conscious of decision-making and discernment processes. (\$960 live out)

# The Loyola Institute

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## **Province Introduction to Ignatian Spirituality and Mission**

### *Ignis 1 - Finding God in All Things*

This national two day, across ministry program introduces new staff joining all our works, staff appointed in recent years, current staff who may wish to undertake the program and new Board and Council members to Ignatian Spirituality and Mission. The Program introduces participants to the life of St Ignatius Loyola and an approach to ministry based on the Spiritual Exercises, and to the governance structures and works of the Society of Jesus. *(Free to those in Jesuits works.)*

### ***Program Dates***

Thu 1 - Fri 2 Mar *(Norwood Parish / Faber CIS)*

Thu 15 - Fri 16 Mar *(Campion CIS)*

Thu 29 - Fri 30 Mar *(Canisius CIS)*

Thu 14 - Fri 15 Jun *(Campion CIS/ Canisius CIS)*

Sun 1, 8, 15, 22 Jul *(Norwood Parish)*

Thu 13 - Fri 14 Sep *(Norwood Parish / Faber CIS)*

Thu 13 - Fri 14 Sep *(Xavier College - TBC / Canisius CIS)*

Ignis 1 and 2 Perth TBC

### ***Review Day for Facilitators***

Thu evening 15 - Fri 16 November *(Faber CIS)*



# The Loyola Institute

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## **Province Induction to Ignatian Spirituality and Mission**

### *Ignis 2 - Tasting the Spiritual Exercises*

This national two day, across ministry program follows on for participants who have experienced *Ignis 1*. Offered locally the participants will, through prayer, reflection and conversation consider the intention, rhythm and central focus of the Spiritual Exercises and their own graced life story. A final module establishes a foundation of the Province call to Mission. (*Free to those in Jesuits works.*)

### ***Program Dates***

Thu 26 - Fri 27 April (*Campion CIS*)

Thu 10 - Fri 11 May (*Canisius CIS*)

Wed 23 - Thu 24 May (*Sevenhill - TBC*)

Thu 7 - Fri 8 June (*Faber CIS*)

Thu 26 - Fri 27 July (*Canisius CIS*)

Thu 9 - Fri 10 Aug (*Campion CIS*)

Thu Wed 22 - Thu 23 Aug (*Sevenhill - TBC*)

Thu 18 - Fri 19 Oct (*Canisius CIS*)

Thu 1 - Fri 2 Nov (*Faber CIS*)



# Introducing the Spiritual Directors

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Ignatian spirituality is built around two key relationships, the relationship between a person and God, and the relationship between that person and their spiritual director. The latter relationship can also be experienced in a group. The spiritual director takes as a model the relationship between Jesus and His disciples, including the times when they withdrew to the mountains. Here Jesus had conversations with them and they prayed together before returning to daily life.

The greatest resource of each Ignatian Centre is the spiritual directors who work in it - it is in effect a great part of what is offered in this program of retreats. We are all formed in Ignatian spirituality by our lived faith, our love of Ignatian spirituality, our professional training and experience in giving the Exercises. Part of this experience is being wonderfully taught by those who come to make retreats.

## Campion Spiritual Directors

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**Joan Jennings (Acting Director)** Joan is a psychotherapist with a nursing background. She has completed a Master of Arts in Spiritual Direction. She is married with four grown children.

**Margaret Biviano** has a background in education. She is especially interested in introducing Ignatian spirituality to parishes and to small groups.

**Bill Brennan** is a spiritual director with formal training in the Siloam and Arrupe programs. He assists at Campion in the formation and supervision of spiritual directors. Bill is also a community nurse working with people experiencing homelessness.

**Jacinta Bright** is a spiritual director and a pastoral associate in a Melbourne parish. She is married with four adult children.

**Frank Burke** is a Companion in the Ministry of the Ignatian Spiritual Exercises with a Masters degree in Economics. His work in recent years has been in the mediation of work place conflict. Frank's particular interests include spiritual direction and the development of lay leadership in parishes through programs of Ignatian Spirituality, including the Spiritual Exercises in daily life.

# Campion Spiritual Directors

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**Bernadette Byrne (Retreat Centre Co-ordinator)** is an occupational therapist who has worked in aged care for over thirty years. She trained in retreat giving and spiritual direction at Campion and has a Master of Arts in Spiritual Direction. Bernadette's interests include taking people through the Spiritual Exercises in daily life and Eighteenth Annotation retreats.

**Patricia Chisholm** is professionally qualified in nursing, theology and spiritual direction. Her special interests are Ignatian Spirituality, healing prayer and eight day individually guided retreats. She is married and the mother of five children.

**Trish Collier** has a background in family therapy and pastoral care. She is a spiritual director and a member of the LArche Melbourne community. Trish is married and has five adult children.

**Margaret Claver FCJ** (*Campion Outreach*) brings a background of living Ignatian Spirituality as a member of the Society of Sisters, Faithful Companion of Jesus. Margaret is a qualified Director of the Spiritual Exercises of St Ignatius and enjoys giving retreats in daily life, especially to young people.

**John Doenau SJ** has experience in Ignatian spirituality, retreats and spiritual direction. He brings wide experience in marital, sexual and personal counselling, as well as marriage and sexual enrichment programs to his spirituality ministry.

**Margaret Fahey OLSH** (*Campion Outreach*) has experience in education, pastoral ministry and spirituality. She trained in retreat-giving and spiritual direction at Saint Beuno's in Wales and at Heart of Life in Melbourne.

**Terry Fanning** (*Campion Outreach*) has a background in nursing, is an Arrupe Graduate . Terry is currently undertaking a Master of Arts in Spiritual Direction.

**Margaret-Mary Flynn** (*Campion Outreach*) has a background in education, teaching English, literature, history and RE to senior students and VCE to adults returning to study. Since 2004 she has been studying and working as a spiritual director at Campion and in her home Diocese of Sandhurst. Margaret-Mary lives in Bendigo with her husband, has three adult children and enjoys reading, writing, domestic arts, yoga and gardening.

# Campion Spiritual Directors

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**Jan Geason RSM** was formerly a teacher and social worker. Jan returned to giving spiritual direction after eleven years in leadership in her Mercy Congregation. She trained in spiritual direction at the Jesuit School of Theology in Berkeley, California.

**Michael Hansen SJ** has creative and artistic energies that enhance the development and practice of Ignatian Spirituality and spiritual direction. Author of several prayer books, he is now working on the Ignatian First Spiritual Exercises.

**Laurence Leonard SJ** is the superior of the Jesuit community at Campion. He did his training in retreat-giving and spiritual direction at St. Beuno's in Wales. His interests include eight-day individually guided retreats and the Spiritual Exercises.

**Marlene Marburg** is a spiritual director, giver of the Spiritual Exercises, and a poet. She holds a Master of Theology, and has worked in medical imaging and education. She is married with two adult children and is committed to encouraging people to find goodness and giftedness in themselves and others. Her vision values all of life as an invitation to wholeness.

**Tim Moloney CFC** is a Christian Brother who is trained in Spiritual Direction and theology. Tim is an experienced primary and secondary teacher having worked in Australia and East Africa. Tim's interests lie in formation and spirituality, especially understanding its connections with the Universe story

**Geraldine Naismith** (*Campion Outreach*) Geraldine is a working Psychologist and has completed the Arrupe program. She presently works in rural areas with the Outreach program.

**Robert Paterson** has a background in theological education in Melbourne, Hong Kong and London, is married and a grandfather. Formed as a spiritual director at Heart of Life and as a giver of the Spiritual Exercises at Campion, he is interested in the roles of the imagination and art in prayer and reflection.

**Anne Priestley RSM** (*Campion Outreach*) Anne comes from a background in education. She trained in retreat direction and spiritual direction through the Arrupe Program and the Siloam Program. Anne offers prayer days, spiritual direction and retreats, especially to young people in rural areas.

## Campion Spiritual Directors

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**Marea Richardson** is a Registered Psychotherapist (PACFA), Guided Imagery and Music Therapist (Music Psychotherapy), Accredited Grief and Loss Counsellor (NALAG) and spiritual director. Marea works within a Christian perspective supporting people towards greater emotional, spiritual and psychological wholeness. Marea has a special interest in supporting people through bereavement and other grief related life experiences.

**Dave Ryan SJ** (*Campion Outreach*) Dave brings a background of living Ignatian spirituality as a member of the Society of Jesus. Dave was trained to be a spiritual director and giver of the Spiritual Exercises in the Arrupe Program at Campion. He desires to bring the Spiritual Exercises to people within country and regional Victoria.

**Jennifer Sanders RSJ** trained in retreat-giving and spiritual direction at St. Beuno's, North Wales and as a giver of the Spiritual Exercises at Campion, after thirty years experience in education. Her interests include Ignatian Spirituality, individually guided retreats and the Spiritual Exercises.

**Peter Saunders** is a pastoral psychotherapist who works at Campion. He is interested in bringing together the insights, gifts and practice of Ignatian Spirituality and psychotherapy in an approach that values the whole person.

**Ruth Spierings (Outreach Coordinator)** is married with three adult children and has a background in hospitality. Ruth trained as a spiritual director and giver of the Spiritual Exercises through the Arrupe Program. Her desire is to bring prayer days, retreats and the Spiritual Exercises to all within country and regional Victoria.

## Canisius Spiritual Directors

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**Des Purcell SJ (Director)** has given retreats and direction for most of his priestly life and is particularly interested in the Spiritual Exercises as a way of living the Christian life and being companions and co-workers with God in encouraging others on the journey. Des enjoys adapting the Exercises to the person's lived circumstances.

## Canisius Spiritual Directors

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**Peter Beer SJ** a Lonergan scholar, has taught theology for many years and has a special interest in giving retreats and spiritual direction to priests. He is a regular giver of directed, eight day retreats and the 30 day Spiritual Exercises.

**Mary Flynn RSJ** a sister of St Joseph was trained in the CRD model of spiritual direction and retreat work in Australia, has several years experience in the field and graduated in Ignatian Spirituality and retreat work at Toronto University Guelph, in Canada, and as a supervisor of spiritual directors and retreat teams at Burlingame, California.

**Sally Longley** has worked in Chaplaincy at several universities in South Africa; was Missions Director of the Student Cross-Cultural Missions Program for Southern Africa; and has been a lecturer at Rhodes University and the Australian Catholic University. She now does spiritual direction; is an Honorary Associate Minister (part-time); and speaks at conferences and leads retreats.

**Guy Yeomans** completed the residential associate program in spiritual direction at the Jesuit Centre for Spiritual Growth at Wernersville, Penns. He is pastor of a small Baptist Church at St Ives and recently completed his Master's degree in Christian Spirituality. He is married to Sandra and is father of twin children.

## Faber Spiritual Directors

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**John Reilly SJ (Director)** has worked most of his Jesuit life overseas in India and in different countries of East Asia and the Pacific, directing formation programs in theology, scripture, and spirituality, and lately in Australia for the Australian Catholic Bishops Conference as National Director for priestly life and ministry.

**Angela Botti fdcc** is a Canossian Daughter of Charity and has spent most of her life in Adult Faith Formation. She trained in the Jesuit School at CRD, Boston. Since 1998 Angela has been giving Ignatian Spiritual Exercises in their different forms, particularly eight day directed retreats and the Spiritual Exercises in Everyday Life, and giving spiritual direction.

# Faber Spiritual Directors

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**Larry Cox** was born in Canada, worked in Air Traffic Services across Canada, Papua New Guinea, and Australia, is chair of the Chaplaincy Department (all faith groups), and team leader of the Catholic team at the RBWH. Larry is also supervisor of pastoral care training for the Multi-faith Academy for Chaplaincy and Community Ministries. He is Co-chair of the National Committee of Companions in this Ignatian Ministry.

**Steve Cunningham** a semi-retired pharmacist, trained as a giver of the Spiritual Exercises in the Queensland Arrupe Program. His special interests are in the thirty-week Everyday Life Retreat Program and in the shorter, parish-based five-week directed retreats. He and his wife, Jean are members of CLC.

**Anne Dawson OSU** has had a long association with CLC, and involvement in guided retreats and spiritual direction. Anne is a spiritual director and has taught courses in Spirituality at Brisbane College of Theology.

**Gerry Ellis** is a trained physiotherapist. She is married to Chris and they have four adult children and nine grandchildren. Her special interests are the 30 Week Spiritual Exercises of St Ignatius in Daily Life, shorter Prayer Days and Retreats offered in parishes, and to bring people of all faith backgrounds into a deeper relationship with God.

**Cecilia Formby** was born in England and migrated to Australia in 1973 with her husband and two small children. She has six children and two long term foster children, and many other short term foster children. Cecilia completed the Arrupe Program in Queensland and is interested in general spiritual direction.

**Clive Hamlin** is a semi-retired insurance broker. He has been trained as a giver of the Spiritual Exercises in the Queensland Arrupe Program. Clive has a special interest in the giving of retreats in daily life. He is also involved with a group of men who conduct parish-based weekend retreats.

**Catherine Hefferan RSM** is a Sister of Mercy and has a background in General Nursing, with qualifications in Midwifery and Psychiatry/Counselling. She has attained a Bachelor of Theology, Master of Ministry, Master of Arts (Theology/Spiritual Direction), and a Graduate Certificate in Supervision. Catherine is a graduate from Heart of Life. As a spiritual director/supervisor and in retreats she utilises the writings of Teillard de Chardin SJ

# Faber Spiritual Directors

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**Ann Hoare** is the Manager of the Faber Centre, has a long association with Ignatian Spirituality through Christian Life Community, and is a member of its National Executive. Ann has conducted a number of art and Ignatian spirituality programs and is training as a spiritual director in the Arrupe Program.

**Kerry Holland** is a practising artist and a giver of the Ignatian Spiritual Exercises as a member of the Faber CIS team. She is interested in the interaction of prayer and creative processes; particularly within the dynamic of the full Spiritual Exercises.

**Vince Hurley SJ** has been a lecturer in Spirituality at Pius X Seminary, Banyo, and has introduced many people to the Spiritual Exercises of St Ignatius in both Queensland and New South Wales. He is currently Australian Director of the Apostleship of Prayer.

**Dale Keenan** has a background in education, theology, information technology, is a member of the National Arrupe Team, has a Graduate Diploma in Theology, and is studying guided imagery and music. She is especially interested in expanding opportunities for lay people to uncover the jewels of Ignatian Spirituality.

**Elizabeth Kerr** is married, the mother of eight adult children and a grandmother. She has a theology degree with a special interest in spirituality for women and its integration into family life. She enjoys giving one on one spiritual guidance and the Spiritual Exercises of St Ignatius in daily life.



**Ken Robertson** is a cradle Catholic whose life has always been involved in and influenced by Catholic schools, parishes and the many ministries in his local church communities. Over the last eight years Ignatian Spirituality has been for him a life-changing experience.

**Peter Shakhovskoy** has a background in engineering, communications technology and management. He is married with five adult sons and also has a Grad Dip in Ministry and a Masters in Theology. He has been involved in giving men's retreats nationally in Australia and NZ over eight years. He also presents the Soul Space retreats in the Brisbane Archdiocese and is co-founder of *Men Alive*

## Faber Spiritual Directors

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**Maria Shelley** is married with eight adult children. She spent 18 years in Papua New Guinea teaching and, after ongoing training, has been a catechist in Australia for over 20 years. Maria became a member of CLC, and after doing the Spiritual Exercises did further study and formation in Ignatian Spirituality, and is now giving the Spiritual Exercises to others.

**Denise Sullivan** is a mediator and counsellor and has been giving the Ignatian Spiritual Exercises since 2008. She has a BA(LLB) and Master of Counselling degree, and trained as a giver of the Ignatian Exercises through the Arrupe Program in Brisbane.

**Peter Webb** is married to Christine and they have seven children and two grandchildren. Both were formerly members of the CLC. Peter is a Catholic high school teacher. He completed the Arrupe Program in Brisbane under three Ignatian heroes of the past, Fr John Drury SJ, Sr Delphine O'Shea MSS and Mr John Borger.

**Min Wullems** is a computer consultant who builds custom software. As a giver of the Ignatian Spiritual Exercises, he is interested in providing people with the opportunity to further their personal relationships with God.

## Loyola Spiritual Directors

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**Wayne Brabin (Director)** is married with four grown up children and has an extensive human resource and human development background. He is a Companion in the Ministry of the Ignatian Spiritual Exercises, is experienced in Ignatian Spirituality, and is an experienced retreat guide and spiritual director. Wayne's particular interest is in adapting the Spiritual Exercises in all forms for men, for parishes and for others 'on the margins'.

**Judy Backstrom** is a trained spiritual director with a background of working with people with anxiety disorders. She has worked with people using creativity and images to assist with their transformatory journey, and has a particular interest in accompanying people 'on the margins'.

**Stephanie Brabin** is a trained spiritual director, an experienced retreat director and a giver of the Spiritual Exercises. She has a background in pastoral care and a particular interest in accompanying others on their spiritual journey. Stephanie is the coordinator of the Arrupe Spiritual Direction program in South Australia.

# Loyola Spiritual Directors

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**Jan Sobotta** is a trained spiritual director and experienced retreat guide and is also involved with the Arrupe program in South Australia. She has a special interest in offering Retreats in Daily Life in parishes and communities, as well as individually guided retreats. She is also a giver of the Spiritual Exercises.

**Julie Tranfa** is married with three children and is currently training as a spiritual director in the Arrupe program. She has been involved in many aspects of parish ministry and Ignatian Spirituality programs. She has a particular interest in nourishing those who are searching to deepen their faith.

**Outreach Team:** Pauline Connelly, Tim Deslandes, Janet Edwards, Frank Fahy, Sr Lianella Girardi RSJ, Sr Cynthia Griffin RSM, Sr Mary Harvey RSM, Jasmine Linke, Sr Bernadette Marks RSM, Patricia Marriott, Deidre McInnerney, Anne Maloney, Sr Mary Mutlow RSM, Barbara O'Halloran, Margaret Oomens, Dawn Sullivan, Helen Thacker, Sr Elaine Treagus RSM, Margaret van der Linden, John van der Linden, Dulcie Wong, Jeff Wright.

# Sevenhill Spiritual Directors

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**Ian Cribb SJ (Director)** has experience in administration, education, retreat-giving, spiritual direction and formation in Ignatian Spirituality. He has had considerable experience in accompanying young people in discerning their vocational call.

**Justin King SJ** has worked in spiritual direction, retreats and renewal program for school staffs and other groups at Canisius CIS, St Joseph's Baulkam Hills and other NSW venues. He has also worked for extended times with young people in secondary schools and tertiary chaplaincy.

**Deidre McInnerney** is married with six adult children and has a background in education. Her family runs a mixed farm near Sevenhill. Deidre was trained to be a spiritual director and giver of the Spiritual Exercises through the Arrupe Program at Campion..



# Sentir (ICSPF) Formation Team

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Sentir is the new name for the Institute for Christian Spirituality and Pastoral Formation. The name, which in Spanish means heart-felt knowing, is one that Saint Ignatius of Loyola used often. Sentir reflects our desire and purpose: to focus on the formation and integration of the whole person — head and heart. Sentir is a Recognised Teaching Institution of the MCD University of Divinity which works with the National Centres of Ignatian Spirituality. Sentir:

- specialises in the study of Christian spirituality and pastoral formation for ministry;
- provides opportunities for on-going research;
- supervises praxis in specific spiritual traditions;
- collaborates with centres of spiritual formation including WellSpring Spirituality Centre (Ashburton) and Campion Centre of Ignatian Spirituality (Kew).

**Michael Smith SJ (Dean)** is a Jesuit spiritual director and pastoral counsellor. He is the Dean of Sentir and is dedicated to the work of providing tertiary qualifications for spiritual directors and supervisors of spiritual directors.

**Marlene Marburg (Director of Student Studies)** is a spiritual director, giver of the Spiritual Exercises, and poet. She holds a Master of Theology, and has worked in medical imaging and education. She is married with two adult children. Marlene is committed to encouraging people to find goodness and giftedness in themselves and others. Her vision values all of life as an invitation to wholeness.

**Bernadette Miles (Program Director/Registrar)** is married with four boys and trained in spiritual direction and theology after twenty years of computer consulting and business management. She has a special interest in formation of apostolic leadership and applying the concepts of Ignatian spirituality to organisational development.

The following CIS staff, whose bio you will find elsewhere in this program, also work with Sentir in the delivery of our formation programs: Stephanie Brabin, Bill Brennan, Kevin Gallagher, Joan Jennings, Liz Kerr, Rachel McLoughlin, Robert Paterson, Marea Richardson, Jennifer Sanders RSJ, Peter Saunders.

## Other Services

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### **Music-Psychotherapy**

Marea Richardson

Tel: (03) 9854 8110

Marea is a Registered Psychotherapist (PACFA), Guided Imagery and Music Therapist (Music Psychotherapy), Accredited Grief and Loss Counsellor (NALAG) and spiritual director. Marea works within a Christian perspective supporting people towards greater emotional, spiritual and psychological wholeness. Marea has a special interest in supporting people through bereavement and other grief related life experiences.

### **Pastoral Psychotherapy**

Peter Saunders

Tel: (03) 9854 8135

Peter Saunders is a psychotherapist who works at Campion within a Christian perspective to assist those troubled by anxiety, anger or depression.

### **Counselling in Times of Transition**

Nick Galante

Tel: (03) 9375 2822

A lawyer and counsellor, Nick works with people in mid-life transition.

## Spirit of the Outback

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Sun 8 - Sun 15 Jul (Campion, VIC)

*Caroline Densley (Bookings), Bernadette Miles, Leonie Kelleher*

Join us for a trip to Arabunna country where we will sleep under the stars and journey with the Elder exploring the spirit of country. This opportunity is organised by LAMP (Lawyers for the Arabunna Maree People). An information evening will be held early 2012. Contact Leonie Kelleher for more information on 03 9429 8111. (\$1,650 approx)

## Washing Feet

I thought the callus too hard to feel  
the touch of Jesus; I will never forget  
his steady, purposeful loving-kindness  
as if he thought I needed special care that day.  
And afterwards when I rose on softened feet  
I found at once what holy ground was.  
I had been anointed.  
And I knew it was for life not death.

I wanted never to wash the memory, nor the cloth.  
Perhaps it held the imprints of his hands. But no,  
the cloth was simply damp and ordinary,  
washed and flapping freely in the wind.

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